

## Group and Off-Site Certifications

The YMCA is now offering certification programs for corporations, small businesses, restaurants or other interested groups. CPR, First Aid and Oxygen Administration classes are taught at your facility, or through blended learning and are scheduled based on instructor and facility availability. Less than five students requires use of blended learning. Must be paid for as a group.



Number of Participants	Cost per Participant
5-10	\$15.00
11-15	\$10.00
16 or more	\$5.00

## Lifeguard Recertification or Crossover

If you are a certified lifeguard and need to be recertified or are crossing over from American Red Cross, you can register for any of the lifeguard classes as a recertification. All certifications and lifeguard certification must be current in order to complete the recertification process or must be completed during the lifeguard class in which you registered.

### Cost:

(Includes CPR, First Aid, Oxygen Administration and all other required material if taken during the lifeguard class in which you are registered.)

\*Call to schedule a time, available year round\*

Members: \$50.00

Non-Members: \$75.00



## Adult and Teen Certification Programs



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

### Y Mission:

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Greene County YMCA  
404 Y Street  
Greenville, TN 37745  
423-639-6107

[www.greencounty-ymca.org](http://www.greencounty-ymca.org)

# Lifeguard

(Ages 16 and older)

This course will train individuals to have a working knowledge of an aquatic environment, prevention of hazards in an aquatic area, and potential lifesaving skills.

## Course Prerequisites:

- Must be a minimum of 16 years of age to register.
- Must be able to pass Physical Competency requirements.

## Class Dates:

**November 8th– December 6th**

**\*No class on November 24th**

Tuesday and Thursdays from 5:30-8:30 p.m.

**January 10th-February 2nd**

Tuesdays and Thursdays from 5:30-8:30 p.m.

**February 13th– March 14th**

Mondays and Wednesdays from 5:30-8:30 p.m.

**March 3rd– April 14th**

**\*No class on March 31st & April 7th**

Saturdays from 8:00 a.m.-3:00 p.m.

**April 3rd– May 3rd**

Tuesdays and Thursdays from 5:30-8:30 p.m.

## Cost:

(Includes Manual, CPR, First Aid, Emergency Oxygen Administration Certification and all other required materials)

**Members: \$150.00**

**Non-members: \$200.00**

## American Safety and Health Institute CPR, First Aid, and Emergency Oxygen

### Blended Online Learning

**Blended learning combines the convenience of online learning with a shortened practical skills session in order to meet both knowledge and skill objectives for learners. This option is available at any time, and can be done at home.**

### CPR Pro

Students are taught how to perform CPR for infants, children, and adults; how and when to use an Automated External Defibrillator (AED); use of a barrier device during CPR; how to work with another rescuer and how to relieve a foreign body airway obstruction.

### First Aid

Designed to provide the skills necessary to effectively assess and maintain life during moments immediately following an emergency. This class covers sudden illnesses, wounds, burns, and heat and cold related emergencies.

### Emergency Oxygen Administration

This program focuses on administering emergency oxygen, rescue breathing and oxygen delivery during emergency situations.

### Classroom Learning

**Classroom learning is taught in a group scenario, and is offered periodically throughout the year. All learning and skills are taught in one session. This option is available during the scheduled times below.**

### Class Dates and Times

	CPR	First Aid	Oxygen
November	10th at 6:15 p.m.	17th at 6:15 p.m.	3rd at 6:15 p.m.
December	7th at 6:15 p.m.	8th at 6:15 p.m.	15th at 6:15 p.m.
January	16th at 6:15 p.m.	17th at 6:15 p.m.	18th at 6:15 p.m.
February	18th at 9:00 a.m.	18th at 12:00 noon	18th at 2:00 p.m.
March	1st at 6:15 p.m.	5th at 6:15 p.m.	7th at 6:15 p.m.
April	17th at 6:15 p.m.	18th at 6:15 p.m.	19th at 6:15 p.m.

**There must be at least 4 people in a class for it to be taught. Participants must be registered prior to class.**

**Cost per certification:**  
Members: \$15.00  
Non-Members: \$25.00

**Cost for all certifications:**  
Members: \$30.00  
Non-Members: \$45.00