



5K Run/Walk



DATE: August 21, 2010

TIME: 8:00 a.m.

LOCATION: Greene County YMCA
(404 Y Street / Greeneville, TN 37745)

ENTRY FEES:
\$15.00 if postmarked by August 15, 2010
\$20.00 after August 15, 2010
First 150 to register will receive a free race T-Shirt!

NO REFUNDS

This is a State of Franklin King and Queen Road Series Race. SFTC Members are eligible for a \$1.00 discount if they register before August 15th, 2010. Day of race registration time is from 6:30 a.m.-7:45 a.m. Send registration form and fees to the YMCA (c/o: Debbie Overacker) at 404 Y Street / Greeneville, TN 37745.

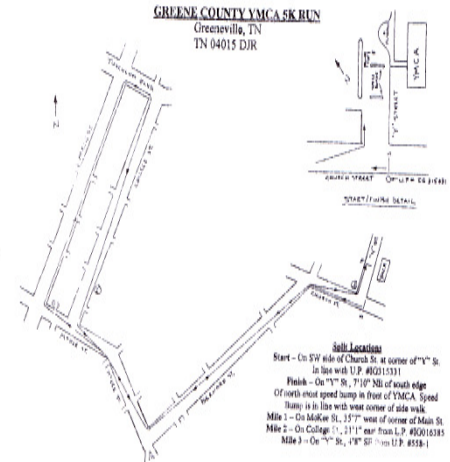
AGE CATEGORIES: 11 & under, 12-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, and 70 & older.

AWARDS: Over-all, Master, Grandmasters (male & female). Male and Female age-group awards (3 deep).

INFORMATION: Contact Debbie Overacker (debbieo@greencounty-ymca.org) at the YMCA 423-639-6107 or Bob Townsend 423-257-6188.

WEBSITE: www.greencounty-ymca.org

COURSE: Begins and ends in front of the Greene County YMCA (USATF #TN 04015 DJR). Race course will close after 55 minutes.



cut off the registration form below and return it to the YMCA along with your fees

Last Name _____ First Name _____ M.I. _____ Sex _____ Age _____ Date of Birth _____
T-Shirt Size (circle one): YM / YL / AS / AM / AL / AXL / AXXL

Address _____ City _____ State _____ Zip _____

Email Address _____

Home Phone _____

Work Phone _____

Cell Phone _____

Emergency Contact _____ Relationship _____ Phone Number _____

WAIVER: I certify that I am in good physical condition and understand the risk involved in my participation in this run. I hereby release and hold harmless the YMCA, Town of Greeneville / TN, Laughlin Memorial Hospital, and any others associated with this event; whether directly or indirectly for all liability as to any right of action that may occur to either the undersigned or his or her personal representative for any injury, loss of life, or damage to property. To assure the safety of all participants: unregistered runners, unauthorized vehicles, bicycles, skateboards, rollerblades, roller skates, baby strollers, headphones and dogs are strictly prohibited from the course during the 5K run.

Signature of Competitor _____ Date _____

Signature of Parent (if under 18) _____ Date _____