

TO THE YMCA MEMBERS

As I began to gather my thoughts for this short note to our members, I must confess that it was difficult to find the words to express how thankful we feel for the opportunities we have been given. As we enter into a new era at the Greene County YMCA, we owe many thanks to many people from our community. This process of adding 22,000 square feet and renovations of our previous facility is clearly the most exciting and satisfying experience that I have undertaken in my professional career. The satisfaction part began on August 6, 2007 when we opened the doors to the new facility. Watching kids in the new youth center, youth gym, game room and youth wellness center was very rewarding and of course our adults having access to new locker rooms and a state of the art wellness center. When I look back at the initial planning stages for this project, our purpose was to increase space and opportunities for youth, improve the quality of space for adults with an end result of becoming more attractive to the entire family. Thanks to many volunteers, donors, our YMCA staff and each of you as members of the YMCA, we feel that our initial goals have been achieved.



I also want to express my appreciation to you for your patience during this process. We have tried to minimize the inconveniences during your visits to the YMCA, although some things cannot be avoided, especially as we complete the renovation work.



In closing, we hope that each of you is equally proud of what has been accomplished. Although there is still more work and additional challenges ahead of us, take the time to step back and think of how fortunate we all are to live in a community where groups of people are so determined to do what it takes to improve the quality of life for it's citizens. We are truly blessed!

Sincerely,
Mike Hollowell



A NOTE OF THANKS:

I would just like to send a note of thanks to all who participated in the "Ride for Smiles" program. The motorcycle ride was magnificent! The group of 27 Harleys traveled 1000 miles in three days through Yellowstone and the Grand Teton Mountains. The trip went without incident also. In addition, we were able to raise about \$1500.00 for the cause, which will benefit the YMCA Capital Campaign. I would like to say thank you to all who contributed and shout out – WELL DONE!!!!!!!!!!!!!!

Sincerely,
John Lamons



MESSAGE THERAPY AT THE Y

We are pleased to inform our adult members (18 and older) that we recently became licensed to offer massage therapy. In this process, we have hired Mrs. Lauren Crum and Mr. Hullen Brady as our massage therapist. To schedule an appointment for this service, members must call Lauren at 552-3597 or Hullen at 470-5411. Our new therapy rooms are fully equipped for a variety of massages and are conveniently located adjacent to the new locker rooms. Costs are \$40 (30 minutes), \$60 (60 minutes) and \$80 (90 minutes).



PROJECT FUNDS STILL NEEDED

While we are proud to inform you that we are only \$80,000 from reaching our \$2.7 million capital campaign goal, obtaining this goal by the end of October is very important. Thanks to a major donor who wishes to remain anonymous, any new pledge or add on to pledges currently received, will be matched by him to help us conclude our fundraising efforts. Simply said, when we get another \$40,000 in pledges, we will be done raising money for this campaign. If you have not given to the campaign, please consider helping us reach our goal. If you have already given, please know that we are very appreciative for your gift, but ask that you consider adding another year or an additional amount to your commitment. Contact Mike Hollowell for more information.

While on the subject of fundraising, this is a good time to thank Mr. Doug Duff for his commitment, as a volunteer, to make this project happen for our community. Not only has Doug been a valuable member of the construction committee through the entire process along with Doug McKee and Andy Chaloux, but he has been instrumental in raising the needed funds to make this project become a reality. We want to thank Doug for his commitment to this Capital Campaign, and more importantly, to the Greene County YMCA.

COMMUNITY CELEBRATION

On Saturday, October 20th, between the hours of 1:00 – 5:00 p.m. the YMCA will host a community wide celebration for youth, adults and families. Our facility will be open for use, along with having inflatables from Grand Rental set up outside, giveaways, food and various activities for all ages. Please mark this date on your calendar, bring friends and family, and join us as we celebrate the opening of our new addition and the many opportunities that we will be able to offer.

RIBBON CUTTING & DEDICATION

On November 15, 2007 at 4:00, the Greene County YMCA will officially hold a ribbon cutting and dedication of our new addition. This will be our opportunity to thank donors for their support, volunteers and special recognition that includes the naming of three locations in our facility that was made possible by donors who wanted to recognize individuals who have been instrumental in the success of our organization. Following the ceremony, tours will be given and hors d'oeuvres will be served. Donors and YMCA members are encouraged to attend. Please RSVP by Thursday, November 8th by calling 639-6107 or email Suzanne at ymca.suz@comcast.net

RENOVATIONS CONTINUE

As we continue moving forward with improvements to our original building, it is important that you know of upcoming projects that will occur this month. We will need to close the adult men's and women's locker rooms for approximately one week. New flooring and lockers will be installed. Members who use the aquatic area will need to use the youth/non-member locker room and everyone else use the new locker area. We will also be installing a new floor in the group exercise area. This process will last approximately one week and classes will operate on a limited and revised schedule. We apologize for this inconvenience, but the end result will be beneficial to our members.

NEW STAFF

We are pleased to welcome Mike Barnes as our newest addition to our staff. Mike began work on September 10th as our Property Manager and has immediately made great strides on much needed facility repairs and maintenance projects. You have probably seen many other new faces who have been hired as part-time employees. These are the folks that really play a big role in the success of our organization. Please get to know our staff and use us to get the most out of your membership.



Contact Debbie to schedule an orientation or personal training.

We would like to welcome to our certified personal training staff the following, Kacie Letterman, Hope Howlett, Candice Edney, Joe Pat Hartsell and Rob Spontak.

YOUTH WELLNESS NEWS (AGES 8-12)

The new Youth Wellness is now open Monday through Friday for ages 8-12. We have three Treadmills, two Ellipticals, Stair Stepper, Dance Revolution, Squat Rack, Bench Press and light dumbbells. The Youth Wellness will be supervised Monday through Friday for children who have completed an orientation. A parent must be with children before 3:00 and after 6pm. See Debbie to schedule an orientation.



ACTIVE OLDER ADULTS

Social Gathering (ages 50 & older) meets on Monday and Wednesday at 9:00 a.m. We meet in the new youth center located across the hall from the new Wellness Center.



GROUP FITNESS CLASSES

Fall schedules may be picked up at the Member Service Desk.

We are pleased to inform you that Jessica Inscore is teaching our Wednesday 9:00 a.m. class and our Tuesday & Thursday Beginner Aerobic class at 9:45 a.m.

PERSONAL TRAINING

As a reminder, certified trainers are available to assist members with orientation, or a walk thru on our new Nautilus equipment. Personal training sessions are also available for those individuals who want or need the one-on-one attention designed to meet their personal goals.



Personal training packages are as follows:

1 Session	\$35
Package of 4	\$120
Package of 8	\$224
Package of 12	\$312



HOLIDAY CLOSINGS

Thursday, November 22 - Thanksgiving Day
Friday, November 23 - Day after Thanksgiving
Monday, December 24 - Christmas Eve
Tuesday, December 25 - Christmas Day
Tuesday, January 1 - New Year's Day

