

TO THE YMCA MEMBERS

As is usually the case when I sit down to write this portion of our newsletter, I wonder where the last three months have gone. In this case, the summer is history and the kids are back in the classroom. This also means that our full-time staff gets back in the routine of our weekly staff meetings. A strong sense of pride was felt as we gathered in my office for our first meeting, especially when a staff member (who has served the YMCA for many years) opened the meeting by saying, "This has been one of the most successful summers we have had at the YMCA in many years." The next 1 ½ hours were interesting as we discussed the definition of "successful". The number of summer participants were up from 2005 in most everything we offered – summer camp, swim lessons, youth and adult basketball, adult soccer, flag football, AFYAP classes, etc.



Fall Soccer and T-Ball signups have already surpassed the number from last year and the youth weight room is being utilized on a consistent basis. The bills were paid, payroll was achieved in a timely manner, membership numbers were good, campaign dollars were coming in, and the number of mishaps, problems and injuries were minimal. We were all in agreement, these are all measuring sticks for a successful YMCA. The more we talked, the more we realized that it is much deeper than numbers and dollars. Our success is truly about the quality of our programs and the relationships that are built with members, program participants and any person that walks through our front door. My compliments to everyone associated with the Greene County YMCA and may quality service and genuine relationships remain a priority for success for many years to come.

Sincerely,
Mike Hollowell

EXPANSION & RENOVATION

We are pleased to report good news in regards to the status of our expansion and renovation project. In August, we received final approval from the State Fire Marshall. We can now move forward with the construction of the new building. In conversations with our contractor (BurWil Construction), our goal is to begin in late September. This new addition will include a youth gymnasium, new adult fitness center, men's and women's adult locker rooms and a large all-purpose room that will be our home base for the afterschool and summer camp programs. Other features of this expansion include all new weight equipment and cardio-theatre for the fitness center, an area for spinning classes, additional storage and a new laundry facility. We are very excited about this new plan and the additional opportunities that it allows for our members. Our construction committee (Doug McKee, Doug Duff and Andy Chaloux) has worked diligently with Vaughn & Melton and BurWil Construction to overcome obstacles and to assure that we continue moving forward. Although there have been some stagnant stages in this process, we appreciate your patience as we all look forward to this exciting time in the history of our YMCA.



FUNDING THE PROJECT

As excited as we get about the new opportunities that will be available to our members upon completion of this project, we must continue pushing forward with

fundraising to obtain our \$2.7 million goal. For a variety of reasons, our goal has increased over the past two years from \$1.3 million to \$2.1 million to the current dollar figure of \$2.7 million. Part of the reason for the increase is the obvious rise in material cost although it mostly relates to additional square footage that we have been able to add thanks to the generous challenge grant from the Mary G.K. Fox Foundation and other major donors. We are now able to get everything we originally wanted and needed.

As a user of this organization, please do not underestimate the value of your membership from the standpoint of our yearly operating budget. Over 60% of our income for normal operations is from membership dues. Without your participation, meeting budget would be extremely difficult. As part of this campaign and to assure that we avoid debt from this project, we are requesting that you, as a member/owner, consider a three-year pledge. Over 80% of YMCA's are involved in annual campaigns to address normal operating expenditures. Thankfully, this is not the case for the Greene County YMCA. We are asking for a three-year commitment from you for the purpose of this project that will serve you and our community for many years. There are not enough hours in a day for our volunteer fundraisers to call on each of our 3300 members/1787 units. Please take the initiative and stop by the front desk to request a pledge form for the Capital Campaign.



We currently have 256 pledges towards our campaign (our goal is 400). Of the 256 pledges, 234 have begun paying towards their pledge for a total of nearly \$700,000 collected. Our immediate goal is to get \$180,000.00 in pledge forms so we may obtain the full \$1,000,000 gift from the Fox Foundation. When this feat is accomplished, our pledges received will total \$2.5 million. We are thankful for the individuals and businesses who have made their commitment to our organization and for the thousands of people we serve. As close as we are to the overall goal, we are confident that it will be reached. Please realize that every pledge that we receive will be greatly appreciated and will continue moving us forward to achieving our goals for the youth, adults and families in our community.

SOCCER PARK UPDATE

Clean up day at the Soccer Park was hard work, but very rewarding. Thanks to all the staff who participated in cleaning the signs, landscape improvement, and painting the entrance gates.

With Flag Football in motion, Fall Soccer getting ready to start, and High School Soccer on its way, the park is very busy. Finding a parking place can be tough at times so we have added an additional parking area located at the corner of Crum Street and Bernard Avenue for your convenience. Just a reminder, if you use the fields, please leave them as you found them.



TEMPORARY MEMBERSHIPS

Did you know we sell temporary memberships? You may purchase 5 visits for \$35 or 10 visits for \$65. They are individual memberships with full YMCA privileges, including fitness classes. They are non-transferable and have no expiration date. Stop by or call the front desk for details.

FITNESS NEWS

The new fitness class schedule will begin on Monday, September 11. The following changes have been made:

NEW BEGINNING YOGA class on Monday at 6:30pm. Instructor: Vicky Smith. *Gentle yoga for beginners; learn the fundamentals of yoga practice.*

NEW LOW IMPACT-LOW INTENSTY BEGINNER AEROBIC class will be taught on Wednesday at 5:30pm. Instructor: Shirley Southerland. *This new class is designed for anyone that is new to fitness, feel a lack of coordination or intimidated by their own body weight.*

NEW INTERVAL class Step/Kick will be taught on Tuesday at 6:30pm for a 45 minute duration and on Thursday at 5:30pm for 30 minutes. Instructor: Jan Martin. *Students will do intervals of Step and Kickboxing.*

NEW STEP/SCULPT class will be taught on Wednesday at 6:00pm. Instructor: Tonya Ridley. *This class will combine stepping intervals with handheld weights for sculpting the entire body.*

THE 6:30AM YOGA ON WEDNESDAY HAS BEEN CANCELLED DUE TO LOW ENROLLMENT.

YOUTH STAFF SUPERVISION FITNESS HOURS:
Monday through Friday 3:00-6:00pm

NEW FITNESS STAFF MEMBERS: The YMCA staff would like to welcome Amy Collins a new fitness trainer to our Fitness Staff. Amy will complete her personal training sometime in October or November of this year and will be available for personal training at that time. We would also like to welcome Stacy Doyle, a certified instructor, who will be used as a substitute instructor for the aerobic classes.

AQUATIC NEWS

A new session of SWIM LESSONS will be starting October 3rd. Classes will be on Tuesday and Thursday for four weeks. Lessons will be offered for preschool (ages 3-5) and youth (ages 6-12).

Greene County Gators Swim Team is practicing Monday, Wednesday and Friday from 3:00-5:00pm. Contact Jennifer Campbell at 620-0027 for more information. Home School Swim Team is practicing on Wednesday from 1:00-3:00 p.m.

AFTERSCHOOL PROGRAM

This program has openings for members who attend Chuckey Doak Middle, Doak, Eastview, Greeneville Middle, Hal Henard, and Tusculum View. Transportation to the YMCA, snacks, homework time, swimming on Tuesdays and Thursdays, gym time and outdoor activities are provided. Partial and full week enrollment is available. If schools close early for weather, conferences or early dismissals, children are picked up at no extra charge. When schools are out for holidays, a "full day" of care is provided from 7:00am-6:00pm for an additional charge of \$15.00. There is no program on Thanksgiving and the Friday after Thanksgiving, Christmas Eve, Christmas Day and New Year's Day. For more information, please call the YMCA at 639-6107.

MOVED LATELY?

Please give the front desk staff your new address and/or phone number, so we can stay in touch. This will enable you to receive newsletters and correspondence from the YMCA.

YMCA SPORTS

ADULT SOCCER LEAGUE:

10 Teams – 130 players
Season Champs: UTD (Sean Bride, Captain)
Tournament Champs: Liverpool (Tony Castainca, Captain)

ADULT 3 ON 3 BASKETBALL:

7 teams – 42 players
Season Champs: Ahelmx (Eric Anderson, Captain)
Tournament Champs: RJB (Jason Smith, Captain)

3 ON 3 YOUTH BASKETBALL:

6 teams – 35 players
Season & Tournament Champs: Mavericks (Thornton Miller)

FLAG FOOTBALL LEAGUE:

3 divisions – 13 teams – 135 players
Season consists of six regular season games followed by the playoffs. The winner of the playoffs in each division will be crowned the first annual Y Bowl I champions.

T-BALL LEAGUE:

2 divisions – 11 teams – 130 players
Games will be played at Lions' Field.
Special thanks to Greeneville Parks & Recreation for the use of the field plus PA system.

FALL SOCCER:

This league expanded to include children in grades (K-8)
25 teams – 275 participants
Two sessions of pre-kindergarten soccer (Tuesday and Thursday)

Tentative dates have been set for registration for the following youth and adult programs:

- Youth Basketball League – (registration Oct. 2-30)
- Mens 4-on-4 Adult Basketball League – (registration Sept. 25 – October 23)
- Winter Indoor Soccer League (registration October 9 – November 6)
- Women's Volleyball League (registration December 4 – January 5)
- Women's Basketball League (registration December 7 – January 5)

HOLIDAY CLOSINGS

Thursday, November 23 – Thanksgiving Day
Friday, November 24 – Day after Thanksgiving
Sunday, December 24 – Christmas Eve
Monday, December 25 – Christmas Day
Monday, January 1 – New Year's Day

LOST AND FOUND

We have a number of expensive pieces of jewelry which have been lost at the YMCA. If you feel one of them may be yours, please call to check it out. We'd love to return these items to their owners.